DEDAN KIMATHI UNIVERSITY OF TECHNOLOGY

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DeKUT recognized and featured in the UN Global Compact Summit



The Global Integrity education project is a project by United Nations Office of Drugs Commission (UNODC) and Siemens Integrity Initiative. The project deals with o selecting, developing and localizing modules from education for justice program into Kenya context.

The University's team comprises of an interdisciplinary academicians drawn from the School of Computer Science and IT as well as the Institute of Criminology, Forensics and Security Studies (ICFoSS). They are Dr. George Musumba, Dr. Joyce Kaguta and Mr. Dennis Miano. The modules will be trained to our students, among other participating students from other universities. DeKUT's ICFoSS faculty member, Mr. Dennis Miano, who is also the team leader of the project Working Group made up of about 20 people selected from academia and business sector, was featured in this year's UN Global Compact Summit.

The COVID Generation





During this pandemic, the young generation is facing various challenges especially the form four leavers and university graduates. Tens of millions of young people are leaving school and university only to find themselves job hunting in what could be one of the worst recessions in living memory. With widespread recruitment freezes and redundancies, what hope is there of the class of 2020 finding employment?

Our Alumnus, Norah Mwiti was featured in the BBC radio news feature, the COVID Generation. She narrates her story after graduating virtually.

"I had applied for an internship to take place from March then received an email that the application process has been put on hold. It then downed on me that the plans I had after graduating were really not going as expected. Most of my friends who had gotten jobs ahead of me were later on laid off. .

I was actually optimistic that I was going to be enrolled in an internship or an entry job in a bank or an organization. Due to this pandemic, looking for a job has actually become next to impossible as most of organizations and companies have pulled down their advertisements until the pandemic is over. Currently I have been taking up online courses such as digital marketing courses to at least keep me occupied. I encourage the youth to take opportunity of this time and learn new skills such as the online jobs. We will get through this crisis. And when we do, I am sure that history will show the world's young people helped to bridge the world from fear to hope and from confusion to understanding."-Norah Mwiti

Meet one of our graduate, Peris Wainaina, making waves in the leather

industry



Meet Peris Wainaina, our graduate in B. Sc and M. Sc in Leather Technology who was recently hired as the Principal Leather Development Officer at Kenya Leather Development Council. “When I was called to study leather technology initially, I thought I will just become a cobbler but with time I developed a particular interest and passion which has brought me this far and I am glad I got to study at Dedan Kimathi University of Technology (DeKUT). I would like to tell the other graduates seeking job opportunities that opportunities are available but they need to go for those opportunities as they do something with what they have been studying; this is one of the main reasons I landed the job. Over and beyond the skill, it was the passion the panel saw in me (confessed the CEO) and the experience having put to action what I studied at the University that sealed the deal. In addition to the quality education, I further thank the University for the timely graduation as I had my Master’s Degree Certificate ready when I went for the interview. Having studied at DeKUT, I believe I have the best knowledge and skills to make a difference and I look to work towards transforming Kenya into a leather and leather products hub“ – Peris Wainaina

Mental Health care during COVID_19



The COVID -19 pandemic is new and therefore there is no prior knowledge about it that can be used as a reference point for its eradication. It is unpredictable and ambiguous. It is a disaster; a natural catastrophe that causes great loss of life. It is unique in that the threat (virus) cannot be seen with the naked eye. These characteristics, as well as the need for social isolation, have led to an increase in anxiety in the community. The reactions to the pandemic have ranged from anger, fear, denial, confusion, restlessness and depressed mood. There is also a sense of loss; loss of control; loss of income; loss of freedom of movement, etc. The increased insecurity further aggravates the anxiety.

According to Elizabeth Kubler – Ross these are normal emotions that occur in the change curve as a result of a dramatic life-changing situation

like COVID -19. The final stage of this curve is acceptance, during which one begins to employ coping mechanisms. One is receptive to new information and gets into a state of growth. This helps to us to resume life in 'the 'new normal'; accept realities and work towards increased productivity. General information for coping with negative emotions during the pandemic:-

• Acknowledge the feelings of sadness, confusion, anger and helplessness and share these with a trusted confidant.

• Set daily goals and have a routine. This provides structure to your day. • Maintain a healthy lifestyle by staying mentally and physically active. Engage in physical exercise, practice mindfulness/ positive self- talk; get enough sleep and proper diet. Use this time to learn new hobbies- cooking, writing, music; gardening, artwork etc.

• Keep in regular contact with significant others; friends, parents, relatives by email, SMS, phone calls etc

. • Avoid using alcohol and other substances to cope with your negative emotions.

• Refer to reputable sources of information for updates of COVID -19. • Reduce time spent watching T.V and social media coverage on the pandemic that may be distressing.

• Identify and limit worry triggers

. • Draw on the skills used previously to cope with distressing emotions. For those who are suspected to have COVID-19 and have been quarantined or are in social isolation, provision of adequate care is required.

For more information or assistance contact DeKUT University counsellors on 0708680879.

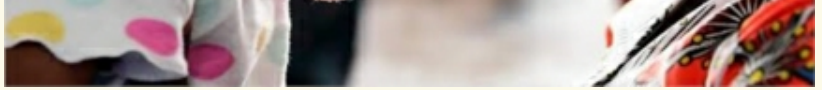
To read more click on the link below;

covid-19.dkut.ac.ke

PARENTING & COVID-19

Since the beginning of the COVID-19 pandemic, a lot has happened worldwide. The world has witnessed unfathomable suffering in adults and children. The pandemic has been declared a human, economic and social crisis (WHO, 2020). The coronavirus has attacked societies at the core. Previously, it was reported that children have some natural immunity to covid-19 and that if they got infected, the disease would be mild. However, evidence shows that this is not the case. Coronavirus affects children and families with far-reaching effects. Individuals have experienced financial challenges as a result of business closure or scaling down. The loss of income has made life difficult for parents, as they struggle to care for their children and make ends meet. The whole world is bustling with worry,





uncertainty and questions; how long will the pandemic last? What will our lives be like once the pandemic is over? How many of us will survive the pandemic? Children's lives have been turned upside down. As a result of the lockdowns and curfews, they cannot go to school, spend time with friends, or even visit playgrounds like they used to do. They are therefore likely to experience fear, worry and anxiety. To them, COVID-19 appears to be a phenomenal issue that everyone is talking about and has placed many restrictions that never used to be in place; wearing masks, social distancing, having temperatures checked, hand washing and sanitizing. Their lives have changed drastically. Additionally, some are old enough to learn through the media that people may die due to COVID – 19 infection. This increases their anxiety about the possibility of death occurring in their families, being put under quarantine, isolation or hospitalization; issues that they may not fully understand. Children no longer have the structured life and stimulation that was provided by the different environments that they were exposed to. They have fewer opportunities to be with their friends and get the social support that is essential for healthy psychological and social development. Furthermore, having children at home may place them at heightened risk of child abuse. They may also witness increased incidences of interpersonal violence in a home that is not safe. These are issues of great concern to parents. Recently, there have been increased reports in the mainstream as well as in the social media of abuse against children, teenage pregnancies etc; which can be emotionally draining.

To get more information click on the link below;

covid-19.dkut.ac.ke

DeKUT emerges as one of the most preferred Public University



Once again DeKUT emerged as one of the most preferred public University with a 98.8% uptake of its declared slots This year, the Kenya Universities and Colleges Central Placement Service (KUCCPS) has placed 1,966 students to pursue their degrees here .

At DeKUT, we ensure credibility of our courses and timely completion of studies. Our mix of academic programmes are spread over Engineering, Information Communication Technology, Food Technology, Health Sciences, Apllied Sciences and Business Studies. The academic programmes are accredited by both local and international bodies.

In these uncertain times, when it is hard to predict when the country will go back to normalcy, we have also ensured to keep our promise to students on timely completion of studies through virtual learning. The University has a Center for Open, Distance, and elearning (CODeL) that supports the University's mission of providing quality education to its student population. The key objective of CODeL has been to facilitate teaching through the

online platforms where the Learning Management Systems (LMS) provides lecture notes and learning materials to students. We also support real time lectures where lecturers stream classes to students remotely.

We welcome all the first year students admitted at DeKUT to one of the most progressive Universities in Africa with keen focus on quality education, research & innovation, technology transfer, holistic development of students and production of relevant human resources and leaders to contribute to growth and development.

Congratulations and let's walk this journey together!